

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verherstraeten Filip HEADCOACH

Coaches: Gillain Alexandra

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BACKSTROKE WOMEN 15+				Heat:7, starttime: 09:25	
Heat: 7/16 Lane : 5 Athlete: VERHERSTRAETEN LORE				Q-time: 00:33:67	
PB (50m pool): 00:33.67 Zwembad Brigitte Becue 26/04/2026				PB (25m pool): 00:33.13 SB: 00:33.67 Zwembad Brigitte Becue 26/04/2026	
	50 M				
PB	00:33.67				
	00:33.67				
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+				Heat:4, starttime: 11:51	
Heat: 4/13 Lane : 8 Athlete: VERHERSTRAETEN LORE				Q-time: 00:28:86	
PB (50m pool): 00:28.86 Molenbeek 01/02/2026				PB (25m pool): 00:28.40 SB: 00:28.86 Molenbeek 01/02/2026	
	50 M				
PB	00:28.86				
	00:28.86				
					

Coach feedback: